

# Pharmacy Pearls for Prescribers- Osteoporosis

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\*\*\*An eLearning Course in the Avera CE Portal\*\*\*

**Purpose:** Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss osteoporosis care related to: recommendations for treatment initiation, what to consider if your patient with osteoporosis cannot use an oral agent, considerations for bisphosphonate drug holidays, and when and how to use DXA scans for monitoring treatment in osteoporosis.

**Objectives:**

- 1 Identify recommendations for treatment initiation for osteoporosis
- 2 Review what to consider if your patient with osteoporosis cannot use an oral agent
- 3 Discuss considerations for bisphosphonate drug holidays.
- 4 Define when and how to use DXA scans for monitoring treatment in osteoporosis

**Outcome:** 100% of participants will demonstrate their knowledge by passing a posttest with a score of 80% or better.

**Target Audience:** Physician, Nurse, Social Work

**For successful completion:**

- View the education activity
- Complete the post test
- Complete the evaluation

**Feedback Person** for this education activity is: [averacontinuingeducation@avera.org](mailto:averacontinuingeducation@avera.org). If you have questions please contact them.

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of **1.00** AMA PRA Category 1 Credit™ per session.

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total **1.00** contact hours can be received upon completion of this activity. This activity has been approved for 1.0 pharmacotherapeutic credits.

Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **1.00** continuing education clock hours for participating in this course.

**Policy on Disclosure:** Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance to this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

| Name of individual            | Individual's role in activity              | Name of commercial interest/Nature of relationship |
|-------------------------------|--|--|
| Thomas J Babb, PharmD         | Committee Planning Member                  | Nothing to disclose                                |
| Tenille A Manning Heier       | Committee Planning Member                  | Nothing to disclose                                |
| Jen McKeown, MA               | Committee Planning Member                  | Nothing to disclose                                |
| Luke Merkel, PharmD           | Committee Planning Member                  | Nothing to disclose                                |
| Rebecca VandeKop, MD          | Committee Planning Member                  | Nothing to disclose                                |
| Rachelle Davis-R-6716, PharmD | Content Expert - Committee Member, Faculty | Nothing to disclose                                |
| Leah Prestbo, MD              | Content Expert - Committee Member, Faculty | Nothing to disclose                                |
| Chad Thury, DO                | Lead Planner                               | Nothing to disclose                                |
| Amy Skoglund, RN, BSN         | Nurse Planner                              | Nothing to disclose                                |

Enduring material available from 06/04/2021 to 12/31/2022. This course content was reviewed on 06/04/2021.